

COMMONWEALTH OF MASSACHUSETTS
DEPARTMENT OF INDUSTRIAL ACCIDENTS

REVIEW CRITERIA
EFFECTIVE JULY 1, 1993

CRITERIA NUMBER 11 - REPAIR OF BICEPS TENDON
PROXIMAL RUPTURE OF THE BICEPS
SHOULDER

I. Narrative Description:

A. Repair Biceps Tendon

II. History/Symptoms:

A. Must meet the following:

1. Clinical history of more than normal amount of pain unresolved with attempts to use arm

AND

III. Physical Findings:

A. Must meet the following:

1. Palpable bulge in upper aspect of arm

AND

IV. Diagnostic Testing:

A. Not applicable

V. Special Instructions:

A. 90% do not need repair.

B. Consideration of tenodesis should include the following:

1. Patient should be a young adult; **or**
2. Procedure should be done in conjunction with another open repair; **or**
3. There should be evidence of an incomplete tear.

VI. Level of Care Required:

A. Outpatient